



Knowle West Nursery School

Leinster Avenue

Knowle

Bristol

BS4 1NN

Telephone No: 0117 9030214

18th September 2026

Dear Parent / Carers

IMPORTANT INFORMATION REGARDING FOOD AND ALLERGY SAFETY

This September has seen the introduction of Benedict's Law which is a set of statutory allergy safety requirements for schools in England that has been introduced to improve allergy safety.

The measures ensure that schools have the policies, training and emergency medication needed to recognise and respond to severe allergic reactions.

We have been busy preparing the school systems needed for these new requirements and this includes the following:

- An Allergy Safety Policy has been reviewed and developed
- All staff have received the necessary training to know how to manage allergies and respond to emergencies
- Emergency Adrenalin Auto-injectors have been purchased to ensure access if the need should occur at school.

Please can you all help us to keep the whole school community *nut safe* and *nut aware* by following the guidance below.

Knowle West Nursery School is committed to providing a safe environment for everyone. Due to severe, life-threatening nut allergies among some of our children, the school operates a strict nut-conscious policy. While we cannot completely guarantee a 100% allergen-free zone, we ask for the cooperation of all parents, staff, and visitors to minimize risk.

Prohibited Foods

Please do not send the following items to school in packed lunches, snacks, or sharing treats:

- Packs of whole nuts, peanuts, or mixed nuts
- Peanut butter or hazelnut spread (e.g., Nutella) sandwiches
- Cereal bars, fruit bars, or granola bars containing nuts
- Chocolate bars or sweets containing nuts
- Cakes, biscuits, or baked goods made with nuts
- Products containing sesame seeds

Label Guidelines

- **Do not send:** Products where nuts or peanuts are listed as active ingredients.
- **Allowed:** Products with precautionary labels like "may contain traces of nuts" or "made in a factory that handles nuts," unless specifically advised otherwise for an individual child's severe care plan, as these reflect manufacturer caution rather than added ingredients.

If staff find an unsafe item in a lunchbox, it will be safely removed, returned at the end of the day, and a safe alternative will be provided by the school.

Thank you for your support.